

## Liz Hinojosa

Media Content Strategist



**Title:** Associate Marriage & Family Therapist

**Pronouns:** She/Her

**Available For:** Podcasts, Panels,

Consultation, & Workshops

Location: San Francisco, CA

## **About Liz**

Liz is an Associate Marriage and Family
Therapist who graduated from the California
Institute of Integral Studies with a Masters in
Counseling Psychology and concentration in
Expressive Arts Therapy (2012). Liz has
experience working with survivors of domestic
violence and has volunteered for SF WAR (San
Francisco Women Against Rape).

Currently, she is working for a non-profit in San Francisco as a mental health consultant providing services to head start and SFUSD pre-schools. Liz is passionate about POC and immigrant equality; suicide prevention, especially amongst indigenous youth; creating dialogue and awareness about femicides.

Her personal commitments are, building relationships with our plant allies, radical self-love as a method of decolonization, Mexica (Aztec) dancing/ceremony and supporting the repopulation of the Monarch butterflies. She is redreaming, recreating, and reinventing herself; exploring enlightenment through darkness via Tezcatlipoca, and the ancient Mexica dream rituals.

## **Contact Information**

To book Liz, please contact her directly at the following email:

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