

PsychoSocial

Cynthia Flores

Latinx Mental Health Professional
Networking Manager



Title: Associate Marriage & Family Therapist

Pronouns: She/Her

Available For: Podcasts, Panels,
Consultation, & Workshops

Location: San Francisco, CA

About Cynthia

Cynthia Flores is a Mexican-American Associate Marriage and Family Therapist born and raised in Salinas, CA. She currently provides psychotherapy services to children, adults and families of the Latinx community of San Francisco, CA.

Cynthia is constantly working towards de-stigmatizing and raising awareness on mental health within the BIPOC communities and incorporates a social justice lens as it relates to systemic oppression and the impact it has on our mind, body and spirit within our communities.

Lastly, Cynthia has co-facilitated workshops on intergenerational trauma and collective healing. She has been invited as a guest in various podcasts to share her lived and professional experience as a mental health professional.

Contact Information

To book Cynthia, please contact her directly at her PsychoSocial email:

psychosocialnetworking@gmail.com